

## **Course Content**

### **TRD101/TRD102 Turkish Language I - II (2 credits)**

The aim of this course is to study Turkish language features and grammatical rules, to develop students' writing and speaking, comprehension (reading and listening) and expression (verbal and written) skills through examples, to gain familiarity with Turkish and world literature and culture.

### **ATA101/ATA102 Atatürk's Principles and Revolution History I - II (2 credits)**

The aim of this course is to provide students with a basic historical knowledge of the War of Independence that led to the founding of modern Turkey in 1923. This course also aims to study the basic principles of the Republic of Turkey under the leadership of Atatürk, within the framework of political, legal, social and economic reforms for an independent and modern Republic of Turkey.

### **KYP001 Career and Life (1 credit)**

The aim of this course is to enable students to state their expectations from university education, to improve themselves by spending their education processes in a productive way, to have a general knowledge about professional life and to prepare themselves for this life with their studies from the first year of their education.

### **SOS103 Sociology (3 credits)**

The course covers the basic topics, theories and concepts of sociology, the method and logic of sociological inquiry; a general analysis of the political, economic and cultural elements that make up the social structure and the individual's relationship with society is presented. Within the scope of the course, the shaping of sociology by different social and historical conditions and its temporal, spatial and hierarchical transformations/changes are discussed. In parallel to the topics in these analyses, examples from Turkey and other countries related to social life are evaluated comparatively.

### **FEL102 Philosophy (3 credits)**

The aim of this course is to present a convincing and comprehensible picture of the nature of philosophy, to explain how different views of philosophy lead to diversity about moral reality, the nature of truth and the role of society in intellectual enquiry, and to show the philosophical background of contemporary views on ethics and values, truth and wisdom.

### **BIY201 Physiology (3 credits)**

The aim of this course is to examine and teach the physiological structure, working mechanism, normal value limits of the individual organ systems both theoretically and visually in order to understand that the human organism is a complete unity and to form the basis of other related courses that students will take during their education.

### **PSI103/PSI104 Introduction to Psychology I - II (3 credits)**

The aim of this course is to teach the basic theories and concepts of psychology, methodology, biological foundations of behaviour and the concept of lifelong development.

### **PSY151/152 Statistics in Behavioural Sciences I - II (3 credits)**

Discussion of some basic issues related to statistics, classification of data obtained from various researches in behavioural sciences, making descriptive statistics, making some statistical calculations by using the normal distribution curve, correlation and simple regression analysis appropriate to the characteristics of the data will be taught.

General principles of inferential statistics, general principles and concepts of hypothesis formulation and hypothesis testing. Various hypothesis testing methods and techniques will be taught.

### **PSI201/PSI202 Research Techniques I - II (3 credits)**

The aim of this course is to transfer the basic concepts and knowledge of the scientific method, to teach the main scientific approaches and research techniques, to transfer the issues of publication and research ethics and to gain the ability to write a scientific article, experimental and non-experimental research designs, basic principles of research design, to gain the necessary critical perspective to evaluate a scientific study.

### **PSI212 Cognitive Psychology (3 credits)**

The aim of this course is to enable students to comprehend the information processing model, information processing structures and processes; pattern recognition, attention, memory, retrieval and encoding; decision making and problem solving; learning; cognitive processes such as language and theories developed about the working principles of the mind.

### **PSI213 Psychology of Learning (3 credits)**

The aim of this course is to enable students to comprehend the basic processes of different types of learning, to make predictions about the causes of human behaviour in line with these processes and to interpret these predictions on learning experiences in daily life.

### **PSI 221/PSI222 Social Psychology I - II (3 credits)**

The aim of this course is to inform students about the basic processes affecting interpersonal behaviour and to provide conceptual knowledge about the foundations of the field of social psychology.

The aim of the Social Psychology II course is to comprehend the effects of cultural values that affect our social behaviours on our behaviours and to learn to look critically at Western theories from different cultural perspectives.

### **PSI 231/232 Developmental Psychology I - II (3 credits)**

The aim of this course is to explain the concept of lifelong development, to introduce the areas of development and the basic concepts of developmental psychology; in addition to this, to examine the theories within the scope of developmental psychology in depth, to discuss the history of developmental psychology, research methods, prenatal development, developmental stages and newborn, child development.

The aim of the Developmental Psychology II course is to examine the development process of the individual from childhood to death in depth with its physical, cognitive and social-emotional aspects; to discuss development with its cognitive, social, emotional dimensions in pre-school, school period, early adulthood, middle age and old age processes.

### **PSY252 Statistical Applications in Psychology (3 credits)**

Within the scope of this course, students will gain practical knowledge about data entry, data analysis and evaluation of analysis results in SPSS program and will be able to evaluate the data in the research process.

### **PSI 303/PSI304 Field Study I - II (3 credits)**

The aim of this course is to design and implement an empirical study.

The aim of the Field Study II course is to learn the basic subjects about child development and to follow the child development processes in the kindergarten.

### **PSI 306 Independent Study (3 credits)**

The aim of this course is to provide students with the necessary knowledge and skills to implement an independent research project, covering the entire process from the proposal stage to the reporting stage. Within the course, students will learn how to prepare a research question, review and evaluate the relevant literature, propose a research proposal, collect data, analyse the collected data and report the research.

### **PSI310 Motives and Emotions (3 credits)**

The aim of this course is to examine the basic motives and emotions specific to mammalian species in the context of evolution, development, learning, physiology and social context. In this context, sympathetic system and related endocrine system, hypothalamus and limbic system, basic motives, drives and emotions and related theories etc., basic mechanisms of love and attachment, hunger, thirst, sexual and psychological-social motives etc. will be discussed in detail.

### **PSI311/PSI312 Selected Topics in Cognitive Psychology I - II (3 credits)**

The aim of this course is to provide students with a detailed examination of the theories developed about memory and perception and to provide students with an understanding of the working principles of the mind in this context.

### **PSI313 Physiological Psychology (3 credits)**

The aim of this course is to teach students the anatomical and biochemical basis of the nervous system underlying behaviour in the context of brain-behaviour interaction.

### **PSI321 Interpersonal Relationships (3 credits)**

The aim of this course is to familiarise students with the basic features of interpersonal communication and the major approaches that have shaped the study of interpersonal communication.

### **PSI322 Communication (3 credits)**

The aim of this course is to provide students with basic communication skills and awareness of the importance of communication in daily life.

### **PSI323/PSI324 Approaches to Family I - II (3 credits)**

At the end of this course, the student will be able to have knowledge about the concepts, theories and models of family interaction, will be able to master the findings of empirical research conducted in the West and Turkey and will be able to make cross-cultural and interdisciplinary comparisons.

### **PSI325/PSI326 Gender I - II (3 credits)**

This course is designed to raise awareness about gender equality and gender differences by teaching students the basic literature on gender equality and gender differences. This course will provide a critical reading of family, sex, gender issues by analysing the main theoretical approaches in this field. A comparative historical analysis of gender roles, status and identity will be the basis of this course.

### **PSI329/PSI330 Cross-Cultural Psychology I - II (3 credits)**

The aim of this course is to examine the differences of psychological phenomena according to various regions of the world and the interaction of behaviour with the culture in which human behaviour takes place.

Cross-cultural psychology has become increasingly important in recent years, especially in general psychology and social psychology, but also in cognitive psychology, developmental psychology, clinical psychology, etc., as the need to make explicit or implicit comparisons across cultures is felt.

The aim of the course is to enable students to look critically at existing psychological theories in terms of cultural differences and to provide a general background in cross-cultural research and studies.

### **PSI331 Selected Topics in Developmental Psychology (3 credits)**

The aim of this course is to compare parent-child relationships, relationships between parents and their effects on children's psychological adjustment. It also aims to explain the effects of peer relationships on the psychological adjustment of adolescents, to explain and discuss the relationships between moral development and positive social behaviours and aggression in children.

### **PSI332 Applied Developmental Psychology (3 credits)**

The aim of this course is to compare parent-child relationships, relationships between parents and their effects on children's psychological adjustment. It also aims to explain the effects of peer relationships on the psychological adjustment of adolescents, to explain and discuss the relationships between moral development and positive social behaviours and aggression in children.

### **PSI343/PSI344 Theories of Personality I - II (3 credits)**

The aim of this course is to evaluate the concept of personality, theories and theorists

### **PSI346 Psychopathology (3 credits)**

At the end of this course, the student will have knowledge about mood disorders and subcategories. Discuss the risk and protective factors of suicide. Explain the general definitions and subcategories of schizophrenia and other psychotic disorders, personality disorders, adolescent eating disorders, sexual deviance and disorders, organic disorders, substance abuse and addictions.

### **PSI354 Measurement and Evaluation (3 credits)**

The aim of this course is to introduce the basic aims and principles of psychological assessment. Measurement and scale types, measurement of psychological characteristics, areas where measurements are used, measurement tool development methods; basic aims and principles of measurement methods in psychology; psychometric properties; standardisation stages; validity and validity determination methods, reliability and reliability determination methods, norm values determination studies; related basic statistics, correlation, regression and factor analysis applications.

### **PSI 355/PSI356 Evolutionary Psychology I - II (3 credits)**

The aim of this course is to examine human behaviour and cognitive capacities from an adaptationist perspective. Topics covered include Darwin's theory of evolution based on natural selection and more recent theoretical developments related to it, the evolutionary basis of mate selection strategies of men and women. The course also discusses how evolutionary thinking can be an integrative conceptual framework for psychology in general.

### **PSI356 Industrial Psychology (3 credits)**

In this course, theoretical and theoretical information about the basic concepts of Industrial and Organisational Psychology will be given. In addition, the techniques used by industrial psychologists in their applications in the field (job analysis, selection and placement, performance evaluation, training, employee satisfaction measurements, restructuring, etc.) will be emphasised.

### **PSI359 Environmental Psychology (3 credits)**

The aim of this course is to examine the interaction of human beings with the environment in which they live, to introduce the environment and its role in life, to examine the effects of physical and social environment on human psychology, to explain the field, main concepts, theories and methods of environmental psychology, to examine the effects of physical,

chemical, biological, social environment on health, to emphasise its importance in human life, to gain a sense of sensitivity to the environment, to establish the relations of all these with psychology.

### **PSI 401/PSI402 Forensic Psychology I - II (3 credits)**

The aim of this course is to introduce the subjects of forensic psychology, which is one of the application areas of psychology, to address the practical problems related to the subject and to evaluate the gains brought by the applications in this field.

### **PSI 405 Ethical Principles in Psychology (3 credits)**

The aim of this course is to inform psychology undergraduate students, who will be engaged in a wide range of professional activities as practitioners and academicians in different fields, about the ethical dilemmas, violations and approaches to their solutions; to teach psychology undergraduate students the basic ethical principles to be followed in the field of psychology in Turkey; to convey professional ethical principles with sample cases from various fields. Thus, it is aimed to create a mechanism that psychology students can control themselves.

### **PSI406 History of Psychology (3 credits)**

The aim of this course is to explain the scientific foundations of modern psychology; structuralism; functionalism; behaviourism; Gestaltism; psychoanalysis; humanistic and cognitive psychology approaches.

### **PSY410 Health Psychology (3 credits)**

At the end of this course, the student explains the theoretical views and research findings on issues such as patients' methods of coping with their illnesses, psychological / mental health status of their social lives, why they are sick.

### **PSI421 Research in Social Psychology (3 credits)**

The aim of this course is to equip students with the knowledge to deal with any of the topics under the title of self within the framework of social psychological approaches of recent research findings.

### **PSI422 Selected Topics in Social Psychology (3 credits)**

The aim of this course is to address the issues of aggression, gender, environmental psychology within the framework of recent research findings and social psychological approaches.

### **PSI426 Traffic Psychology (3 credits)**

The aim of this course is to define the basic concepts, approaches and techniques, psychotechnical assessment and applications in the field of traffic psychology.

### **PSI431 Cognitive Development (3 credits)**

The aim of this course is to define cognitive processes, to comprehend the age-related changes in attention, CCI and USB and intelligence, to explain the biological and environmental factors that play a role in these changes, to define important experimental paradigms for the study of cognitive development.

### **PSI432 Social Development (3 credits)**

The aim of this course is the formation of first relationships; perception of self and others; family, parents and socialisation; non-family influences; socialisation and social development; evaluation of social development tests.

### **PSI433/PSI434 Atypical Child Psychology I - II (3 credits)**

The aim of this course is to discuss the problems related to intellectual disability within the resources, to make observations in education centres related to children with intellectual disabilities.

### **PSI435/436 Interview Techniques I - II (3 credits)**

The aim of this course is to introduce the student with interview techniques and to discuss the basic concepts of interviewing.

### **PSI437 Selected Topics in Psychopathology (3 credits)**

The aim of this course is to provide a broad-spectrum overview of psychopathological conditions as defined in DSM-IV-TR and DSM-V. Through readings and class discussions, this course provides the aetiology, epidemiology, signs and symptoms as well as differential diagnosis for selected mental disorders.

### **PSI440 Selected Topics in Clinical Psychology (3 credits)**

The aim of this course is to introduce the field of clinical psychology to the student, to give general information about the duties of the clinical psychologist, the subjects he / she is interested in, the assessment methods he / she uses and psychotherapies.

### **PSI441 Clinical Psychology (3 credits)**

The aim of this course is to introduce the field of clinical psychology to the student, to give general information about the duties of the clinical psychologist, the subjects he / she is interested in, the evaluation methods and psychotherapies he / she uses.

### **PSI443/PSI44 Psychological Tests I - II (3 credits)**

The aim of this course is to examine in depth the concept of psychological testing, which is encountered in every sub-field of psychology, its content and use, technical and theoretical foundations and important issues such as validity and reliability, standardisation, item construction, ethical dimensions in test development, as well as the evaluation of scales that are frequently used today, their application purposes and usage areas.

### **PSI445 Crisis and Crisis Intervention in Psychology (3 credits)**

The aim of this course is to recognise the stress disorders that may occur after a possible trauma, to define the symptoms, causes, stages, effects on risk groups and to discuss the necessary approaches to the victims.

### **PSI447/PSI448 Psychotherapy Techniques I - II (3 credits)**

The aim of this course is to provide students with general knowledge and skills about the nature and practice of psychotherapy, to examine schools of thought such as psychoanalysis, structuralism, behaviourism, existentialism in a historical perspective as well as current theoretical approaches and to teach psychotherapy methods applied on the basis of these theories.

### **PSI451 Selected Topics in Industrial Psychology (3 credits)**

Within the scope of this course, it is aimed to gain an insight into the techniques used in personnel selection that psychologists who wish to work in the field of Human Resources as an application area of Industrial and Organisational Psychology can benefit from in the working environment and guide the institutions. In addition, it is aimed to gain theoretical knowledge about Motivation and Leadership, which are among the most important topics of Industrial Psychology.

### **PSI452 Measurement and Evaluation in Industrial Psychology (3 credits)**

The aim of this course is to enable psychologists who wish to work in the field of Human Resources as an application area of Industrial and Organisational Psychology to be able to make applications on issues such as performance evaluation, training needs analysis, preparation of training programmes, training evaluation and career management that can be used in the working environment and guide the institutions.

### **PSI453/PSI454 Counselling Psychology I - II (3 credits)**

The aim of this course is to discuss theories and approaches related to psychological counselling, to introduce the student to a few basic methods and techniques used in psychological counselling, to discuss psychological counselling practices in institutions such as education, health centres and workplaces.

### **PSI455/PSI456 Readings in Psychology I-II (3 credits)**

The main aim of this course is to enable undergraduate students to understand the introductory texts in English related to the field, to learn the terminology concepts of the discipline and to develop their vocabulary. The syllabus focuses on teaching key words for the discipline and phrases commonly used in Academic English. The course covers important theories, facts and concepts, especially the main topics in the discipline.



