



— İSTANBUL —
OKAN ÜNİVERSİTESİ

FACULTY OF MEDICINE

INTERNSHIP LOGBOOK

2023-2024



— İSTANBUL —
OKAN ÜNİVERSİTESİ

**ISTANBUL OKAN UNIVERSITY
INTERNSHIP PROGRAM
2023-2024**

**DEAN OF FACULTY:
PROF. DR. SELÇUK MERCAN**

**COORDINATOR:
ASIST. PROF. DR. RENGİN ÇETİN GÜVENÇ**



PERSONAL INFORMATION

NAME	
SURNAME	
STUDENT ID	
PLACE-DATE OF BIRTH	
FACULTY ENTRY YEAR	
ADDRESS	
PHONE NO.	
EMAIL ADDRESS	
AREA OF INTEREST	
OVERSEAS INTERNSHIP/OB SERVER EXPERIENCE	

FOREIGN LANGUAGE EXAMINATIONS

TOEFL	IELTS	YDS	OTHER	SCORE.....
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GRADE AVERAGE OF PREVIOUS PHASE

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PEDIATRIC HEALTH AND DISEASES

The purpose of this internship is to the student: to provide knowledge and clinical experience to develop basic skills in evaluating health and disease in infants, children and adolescents and gaining appropriate medical approach. The internship will focus on issues related to childhood and adolescence, focusing on human developmental biology and emphasizing the impact of family, immediate environment and society on child health and well-being. According to this process, which is considered within the framework of normal growth and development, the students will learn the mechanisms of disease processes and will develop the ability to create appropriate diagnosis and treatment plans. Additionally, the internship focuses on the impact of disease and its treatment on the developing human, and emphasizes growth and development, principles of health supervision and recognition of common health problems. The role of the pediatrician in prevention of disease and injuries and the importance of cooperation between the pediatrician and other health professionals is emphasized.

At the end of this course the students will be able to:

- Describe knowledge and clinical experience necessary to develop basic skills in the evaluation and management of health and disease in infants, children and adolescents.
- Demonstrate an ability to take appropriate history and physical examination from their relatives and children in newborn and of all ages
- Conduct an interview, doing physical examination, managing medical data, communicate written and verbal information, integrating basic science knowledge, researching and reading the literature critically.
- Define problems such as prematurity, respiratory distress, jaundice, and infections. They will be able to ask specific questions about immunization, previous hospital treatment, surgery, drug history and drug allergies, chronic diseases, growth and development. They will also be able to evaluate parental health conditions.
- Demonstrate an ability to perform the following examination skills. Appearance Interpret the general appearance of the child, including size, morphologic features, development, behaviors and interaction of the child with the parent and examiner. Vital Signs Identify variations in vital signs based on age of the patient, the presence or absence of disease, and testing modalities (e.g. Blood pressure cuff size).
- Describe the normal growth and development of the child; Comments on child's general appearance, including height, weight, morphological characteristics, affective development, behavior, interaction with parent and doctors. Vital signs: will be able to diagnose normal behavior patterns in children at various developmental stages. Newborns/infants: development and change of social skills; toddlers: autonomy; in school-age children: independence; adolescence: abstract thinking.
- To be able to observe and questions to evaluate child neglect and abuse/child labour, child marriage, child pregnancy.
- Define disease processes in general pediatrics. Describe the clinical features of chronic medical conditions seen in children such as: asthma, atopic dermatitis, cerebral palsy, cystic fibrosis, diabetes mellitus, epilepsy, malignancy (e.g. Acute lymphocytic leukemia and Wilms tumor), obesity, seasonal allergies, and sickle cell disease.
- Detect the signs and symptoms of common nutritional deficiencies in infants and children (iron, vitamin D fluoride deficiency and inappropriate calorie) and know how to prevent them.
- Describe the rationale for childhood immunizations and current recommendations
- Describe the epidemiology, clinical, laboratory, and radiographic findings, of each of the core pediatric level conditions listed for each presenting complaint.
- Develop the ability to formulate appropriate diagnostic and therapeutic plans.
- Demonstrate the "ABC" assessment as a means for identifying who requires immediate medical attention and intervention.

Learning Level for Basic Medical Practices (UÇEP 2020)

1. Knows how the application is done and explains the results to the patient and/or their relatives
2. Makes the application in accordance with the guide/directive in an emergency
3. Makes the application in uncomplicated, common situations/cases
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Task/Procedure	Learning level for practice*	Number of Practices	Instructor's signature
Patient-centered history taking, preparing a patient file with newborn and child examination	4		
To be able to interpret the results of screening and diagnostic examinations	3		
Newborn resuscitation	2		
Ability to take care of a baby after birth	3		
Making anthropometric measurement	3		
Receiving heel blood	4		
İmmunization-childhood	4		
Ability to monitor growth and development in children (percentile curves, tanner rating)	3		
To be able to teach the right breastfeeding methods	4		
Presenting scientific article	1		

NIGHT SHIFTS

DATE	INSTRUCTOR'S SIGNATURE



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CLINICAL PERFORMANCE EVALUATION FORM					
İntern name, Surname					
Internship name					
Evaluated Clinical Case/problem					
Competencies	Observation not done	Not Competent	Limited Competency	Competent	Proficiency
		1-3	4-5	6-8	9-10
Accessing and recording sufficient data with anamnezis and physical examination					
Incorporating basic, clinical, social-behavioral knowledge for reasonin and decision making ababout clinical problems					
Pre-diagnosis and diferential diagnosis					
Making a treatment plan					
Making a monitoring plan					
Preventive health approach					
Professional attitude and behavior (communication, informing the patinet, ethical approach, etc.)					
GLOBAL ASSESSMENT					
Evaluator's name, surname	Department				
Date	Signature				
Feedback (Please indicate in clear terms in the sections below)					
Student strenghts	Aspects that the student needs to develop				

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INTERNAL MEDICINE

The aim of this internship is to develop the clinical knowledge and skills related to internal medicine to evaluate the health status of adult patients and to provide problem-oriented health care. During the internship, students will acquire and demonstrate the clinical skills necessary to independently evaluate (under supervision) the condition of adult patients with common medical problems and take appropriate action accordingly. Students will acquire the skills necessary to maintain, in an appropriate format, a medical record of the inpatient or outpatient condition, including written or electronic record of history and physical examination, progress notes, procedural notes, clinical visit notes, physician's instructions and prescriptions, and evaluations and caregiving processes. In addition, they will be familiar with commonly used routine procedures such as venipuncture, bladder catheterization, arterial blood gas measurement, puncture, peripheral intravenous catheterization, stool occult blood test, ECG, nasogastric tube placement, for the evaluation of the patients' condition and treatment processes.

At the end of this internship the students will be able to:

- To take the patient's anemnesis effectively and record the information appropriately by performing the physical examination.
- To become familiar with routine procedures commonly required for the evaluation and care of patients, including intravenous catheterization, bladder catheterization, arterial puncture, peripheral intravenous catheters, fecal occult blood tests, electrocardiograms, insertion of nasogastric tubes, use of sterile technique, and use of universal precautions.
- To explain the knowledge of the pathophysiologic principles behind the manifestations of the disease conditions
- Demonstrate knowledge of the indications, contraindications and benefits of the common procedures such as: arterial blood gas, thoracentesis, paracentesis, lumbar puncture, and joint aspiration.
- Perform and record a through physical examination, and review the physical findings
- Develop an appropriate differential diagnosis based on collected clinical information and physical examination findings, laboratory and diagnostic tests results.
- Orally present a complete, well-organized summary of the patient's history and physical examination findings, including an assessment and plan, modifying the presentation to fit the clinical situation.
- Formulate a diagnostic and therapeutic plan for the patient based on gathered clinical information and laboratory data.

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TASK/PROCEDURE	LEARNING LEVEL* FOR PRACTICE	NUMBER OF PRACTICES	INSTRUCTOR'S SIGNATURE
Patient-centered history taking, preparing a patient file with physical examination	4		
Confirm diagnosis requesting tests (Lab Tests, radiology, CT, MRI, EMG, ECG vs.)	4		
Blood pressure measurement and evaluation	4		
Performing ECG ve Evaluation	3		
Arterial Blood gas sample and evaluation	3		

Applying and evaluating Puls oximetry	4		
Direct Pulmoner Graphy Evaluation	3		
Taking a throat swab	3		
Wound-burn care	3		
Patient monitoring	3		
Nasogastric Catheter Application	3		
Bladder Catheter Application	3		
IM, IV Enjection	4		
Preparing the drugs to be applied correctly	3		
Oral, rectal, vaginal ve topical drug application	3		
Making and evaluate peripheral smear	3		
Prescribing	4		
Performing and evaluating for urine analysis (including microscopic examination)	4		
Ability to examine occult blood in stool	4		
Blood Transfusion	3		
Pleural punction/torasentez	2		
Immunization counselling and adult immunization	4		
PPD testing and evaluation	3		
Defibrillation	4		
Using ambu	4		
Evaluating pulmonary function test	3		
Trakeal Entübatıon	3		



PREPARING PATIENT FILE		DATE:
PATIENT'S PROTOCOL NO:		
SERVICE:		
DIAGNOSIS/REASON OSPITALIZATION:		
BRIEF HISTORY/OBSERVATION/PROCEDURE OF THE PATIENT:		
COMMENTS		
INSTRUCTOR'S SIGNATURE:		

NIGHT SHIFTS	
DATE	INSTRUCTOR'S SIGNATURE



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Accessing and recording sufficient data with anamnezis and physical examination					
Incorporating basic, clinical, social-behavioral knowledge for reasonin and decision making ababout clinical problems					
Pre-diagnosis and diferential diagnosis					
Making a treatment plan					
Making a monitoring plan					
Preventive health approach					
Professional attitude and behavior (communication, informing the patinet, ethical approach, etc.)					
GLOBAL ASSESSMENT					
Evaluator's name, surname	Department				
Date	Signature				
Feedback (Please indicate in clear terms in the sections below)					
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GENERAL SURGERY

The purpose of this internship is for the student to reach the competencies expected from medical school graduates for basic surgery practices within the scope of basic knowledge of surgery. Students explain common surgical problems and describe the indications for essential diagnostic studies used to evaluate patients with surgical problems. They can perform various surgical procedures such as venipuncture, intravenous catheter insertion, urethral (Foley) catheter insertion, nasogastric tube placement, closure of surgical incisions, suture removal, dressing and wound care under the supervision of their trainers. Students gain sensitivity to certain protocols in the operating room (scrubbing, gowning, gloving, prepping and draping), and can interpret when necessary by applying common laboratory and radiology tests.

At the end of this course the interns will be able to:

- Develop the skills required for surgical internship within the scope of basic surgical knowledge.
- Recognize common surgical problems and develop approaches.
- Describe the indicators used in basic diagnostic studies and the limitations of these examinations to evaluate the condition of patients requiring surgical intervention.
- Interpret radiology tests, how to take ECG and interpret basic pathologies.
- Evaluate patients with problems that require surgical intervention.
- Perform various basic procedures, such as: venipuncture, placement of intravenous catheter, insertion of urethral (Foley) catheter, insertion of nasogastric tube, removal of surgical drains, closure of surgical incisions, removal of suture/staples, dressing changes, understand how to and possibly apply specific protocol in the operating room (scrubbing, gowning, gloving, prepping and draping), interpret common laboratory tests (cbc, electrolytes, blood gases, urinalysis).

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TASK/PROCEDURE	LEARNING LEVEL FOR PRACTICE*	NUMBER OF PRACTICES	INSTRUCTOR'S SIGNATURE
Patient-centered history taking, preparing a patient file with physical examination	4		
Wound-burn care	3		
Superficial suturing and retrieving	4		
Bladder Catheter Application	3		
Digital rectal examination	3		
Endoscopic procedure	1		
Hand washing and wearing gloves	4		
Removing foreign bodies from the wound	3		
Informing the patient and obtaining informed consent	4		
Ability to open vascular access	3		
Ability to open skin-soft tissue abscess	3		



OPERATIVE SKILLS		
PROCEDURE	NUMBER OF PRACTICES	INSTRUCTOR'S SIGNATURE
Scrubbing, Gowning, Gloving		
Skin Stitching		
Wound Debridement, Abscess Drainage.		
Operations Assisted**		

**Please note the type of operations

- 1
- 2
- 3
- 4
- 5

NIGHT SHIFTS	
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Accessing and recording sufficient data with anamnezis and physical examination					
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GYNECOLOGY AND OBSTETRICS

The aim of this internship is for the student to gain clinical experience by recognizing the basic skills in the field with the core competencies of obstetrics and gynecology. Interns who will develop a preventive reproductive health approach, not only related to the reproductive health of female patients, will develop experience in providing reproductive health services to women in primary care.

At the end of this course the students will be able to:

- Define and apply basic examination procedures in gynecology and obstetrics
- Describe screening of the pregnant mother, using diagnostic methods, normal and complicated pregnancy
- Describe antenatal testing procedures of the mother
- Explain a normal birth and postpartum follow-up.
- Develop approach for common gynecological problems and their treatments.
- Explain the preparation of the patient with gynecological problems for surgery and post-operative care
- Develop an approach to problems that require urgent intervention in field of obstetrics and gynecology

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TASK/PROCEDURE	LEARNING LEVEL* OF PRACTICE	NUMBER OF PRACTICE	INSTRUCTOR'S SIGNATURE
Patient-centered history taking, preparing a patient file with physical examination	4		
Normal spontaneous delivery	2		
Pregnancy follow-up with NST/Ultrasound	2		
Teach breast self-exam	4		
Applying contraception methods correctly and monitor users	3		
Taking vaginal and cervical samples	3		
Performing suprapubic bladder puncture	2		
Pregnancy and postpartum follow-up	3		
Taking care of the mother after childbirth	3		
Taking care of the newborn after birth	3		
Making an enema	3		
Administration rectal, vaginal drugs	3		



NUMBER OF THE NIGHT SHIFTS	INSTRUCTOR'S SIGNATURE

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Pre-diagnosis and diferential diagnosis					
Making a treatment plan					
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Preventive health approach					
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EMERGENCY MEDICINE

The purpose of this course is to gain essential emergency medicine knowledge. Students should integrate the knowledge they have obtained in medical school so far to focus on evaluation and treatment of acute presentations. Students describe the importance of effective communication at all levels for patient care in the emergency department and demonstrate effective communication skills. Students appreciate the clinical challenge of managing multiple patients simultaneously, each at different stages of evaluation and treatment.

At the end of this course the students will be able to:

- Describe frequent medical presentations and their evaluation and treatment.
- Diagnose and treat frequently encountered surgical problems
- Perform emergency surgical procedures like placement of endotracheal tube, tracheotomy, lumbar puncture, blood-gas analysis, and intubation.
- Apply casting and bandages for common orthopedic problems
- Perform suturing of the wounds and their appropriate care.

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TASK/PROCEDURE	LEARNING LEVEL* OF PRACTICE	NUMBER OF PRACTICE	INSTRUCTOR'S SIGNATURE
Evaluation of multiple trauma patient	3		
Taking measure to stop/limit external bleeding	3		
Patient transport appropriately	4		
Carrying the limb severed after trauma appropriately	4		
Putting the patient in a coma position veribilme	4		
Wound-burn care	3		
ECG implementation and evaluation	3		
Arterial Blood gas sample and evaluation	3		
Applying oxygen and nebul-inhaler treatment	4		
Applying and evaluating Puls oximetry	4		
Providing acute decontamination principles in poisoning	2		
Applying nasogastric catheter	3		
Inserting urinary catheter	3		



IM, IV, SC, ID enjection	4		
Preparing and applying splints	3		
Applying airway	3		
Intubation	3		
Applying servical collar	4		
Bandage and tourniquate application	4		
Temel yaşam desteği uygulayabilme	4		
Defibrillation and cardioversion	4		
Providing advance life support	3		
Performing first aid to remove foreign body in the airway	3		
Removal of foreign body from the eye	3		
Removing ticks	3		

NIGHT SHIFTS	
DATE	INSTRUCTOR'S SIGNATURE

PSYCHIATRY

At the end of this internship, students will gain knowledge and skills in taking history from psychiatric patients, evaluating psychiatric patients, communicating with him/her and their relatives, and basic psychiatric patient management in primary health care and referring to specialist. Additionally interns will gain social psychiatric approach and will be aware of community mental health problems.

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TASK/PROCEDURE	LEARNING LEVEL* OF PRACTICE	NUMBER OF PRACTICE	INSTRUCTOR'S SIGNATURE
Stabilization of emergency psychiatric patient	3		
Applying principles of rational drug use	4		
Requesting rational laboratory and imaging examination	4		
Referring the patient properly	4		



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Accessing and recording sufficient data with anamnezis and physical examination					
Incorporating basic, clinical, social-behavioral knowledge for reasonin and decision making ababout clinical problems					
Pre-diagnosis and diferential diagnosis					
Making a treatment plan					
Making a monitoring plan					
Preventive health approach					
Professional attitude and behavior (communication, informing the patinet, ethical approach, etc.)					
GLOBAL ASSESSMENT					
Evaluator's name, surname	Department				
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FAMILY MEDICINE

At the end of this intership, students will gain outpatient care, preventive and health promoting medicine approach in primary health care, and will be able to follow up healthy children, immunization, and pregnant woman within the scope of mily health services. Students will acquire the ability to manage patinets in primary care, refer patients to appropriate specialties and health centers within scope of pre-diagnosis. They will have clinical experience in monitoring the patinet in family health centers and at home, in the management of chronic patinets, in communication with patients and their relatives in primary healh care services, and in communication and cooperation with the health care team.

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TASK/PROCEDURE	LEARNING LEVEL* OF PRACTICE	NUMBER OF PRACTICE	INSTRUCTOR'S SIGNATURE
Patient-centered history taking, preparing a patient file with physical examination	4		
Famil planning counselling	4		
Immunization counselling	4		
Carrying out immunization services	4		
Teaching self-breast examination	4		
Applying contraceptive methods correctly and follow-up of the users	3		
Carrying out health care services in extra ordinary situation	3		
Periodic health examination (vision, hearing, metabolic diseases, vaccination of risk groups, cancer screening)	4		
Taking precautions to prevent infections in communal living areas	4		
Neonatal metabolic and endocrine disease screening program	4		
Vision screening programs	4		
Hearing screening programs	4		
Developmental hip dysplasia screening program	4		
Follow-up and periodic health examinations at different stages of life (pregnancy, birth, puerperium, newborn, childhood, adolescence, adulthood, old age)	4		
Premarital screening program	4		
Follow-u of child health	4		
Exersize and physical activity	4		



Being able to fight infectious diseases in the community	3		
Immunization for childhood and adulthood	3		
Health education	3		

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COMMUNITY HEALTH

At the end of internship, students will get to know management studies and occupational health practices of preventive health services and disease control programs in primary care; will be able to critical reading scientific articles, interpret their results, and make evidence-based evaluation of public health using their knowledge of epidemiological research. They will gain the ability to know the community, determine the needs assesment and plan health services accordingly for the regional health management.

Interns will gain a preventive medicine and management approach through participatory observations on control of communicable diseases, control of non-communicable diseases, women's and reproductive health, child health, immunization, health education studies and health information systems within the scope of primary care preventive service.

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TASK/PROCEDURE	LEARNING LEVEL* OF PRACTICE	NUMBER OF PRACTICE	INSTRUCTOR'S SIGNATURE
Getting to know the primary health care organization and its functioning in force in Turkey	4		
Getting to know the disease control and health promotion programs in effect in Turkey	4		
To know the principles of cost-effective resource management of health services	4		
To be able to use the necessary resources effectively in use of health services for public health	3		
Knowing the resources to be used in health service delivery	4		
Gaining a priority approach to protecting and improving the health of individuals and society in the provision of health services	4		
Taking into account the individual, societal, social and environmental factors affecting health; ability to evaluate for the maintenance and improvement of health status	4		
Being able to plan health education for healthy and sick individuals and their relatives and other health care professionals by recognizing the characteristics, needs and expectations of the society they serve	3		
To know the organization and practices of workplace health services determined by legislation by improve employee health and safety	4		
To be able to determine the needs by evaluating the changes in the physical and socioeconomic environment at the regional and global scale that affect the health in the provision of health services	3		

Advocating to improve the provision of health services by considering the concepts of social reliability and social responsibility for the protection and development of public health	4		
It can be plan service delivery, training and consultancy processes related to individual and community health in cooperation with all components for the protection and development of health	3		
Evaluating the impact of health policies and practices on individual and community health indicators and advocating for improving the quality of health services	3		
To be able to plan and implement scientific research for the population it serves, when necessary, and to use the results obtained and/or the results of other researches for the benefit of society	3		
Ability to critically evaluate the literature on professional practice	3		



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Incorporating basic, clinical, social-behavioral knowledge for reasonin and decision making ababout clinical problems					
Pre-diagnosis and diferential diagnosis					
Making a treatment plan					
Making a monitoring plan					
Preventive health approach					
Professional attitude and behavior (communication, informing the patinet, ethical approach, etc.)					
GLOBAL ASSESSMENT					
Evaluator's name, surname	Department				
Date	Signature				
Feedback (Please indicate in clear terms in the sections below)					
Student strenghts	Aspects that the student needs to develop				

* Students are requested to hand in the form to secretariat at the end of each internship program

The supervisor is requested to fill in the items and sign the form

This form should be fulfilled in an internship period for each department in the middle and at the end of the program.

“At the expectation level” means that a student performed at least 60% of the expected performance.

ELECTIVE ROTATION

At the end of these internships, students will experience the functioning of health services, health management, and interdisciplinary relations in different institutions apart from their own training and research hospital. Interns will get to know different medical disciplines to shed light on their career plans, observe the conditions for postgraduate education in the chosen clinic, communicate and cooperate with residents and trainers.

İSTANBUL OKAN UNIVERSITY FACULTY OF MEDICINE CLINICAL PERFORMANCE EVALUATION FORM					
İntern name, Surname					
Internship name					
Evaluated Clinical Case/problem					
Competencies	Observation not done	Not Competent	Limited Competency	Competent	Proficiency
		1-3	4-5	6-8	9-10
Accessing and recording sufficient data with anamnezis and physical examination					
Incorporating basic, clinical, social-behavioral knowledge for reasoning and decision making about clinical problems					
Pre-diagnosis and differential diagnosis					
Making a treatment plan					
Making a monitoring plan					
Preventive health approach					
Professional attitude and behavior (communication, informing the patient, ethical approach, etc.)					
GLOBAL ASSESSMENT					
Evaluator's name, surname	Department				
Date	Signature				
Feedback (Please indicate in clear terms in the sections below)					
Student strengths	Aspects that the student needs to develop				

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